

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
	9h - 21h	9h - 14h / 17h - 21h	9h - 14h / 17h - 21h	9h - 14h / 17h - 21h	9h - 20h
Matinée					CROSS TRAINING 9h30 30'
Midi					LES MILLS GRIT 12h30 30'
Soirée	LES MILLS GRIT 18h30 30'	CROSS TRAINING 17h30 30'	LES MILLS GRIT 17h30 30'	CROSS TRAINING 18h30 30'	LES MILLS GRIT 18h30 30'
	CROSS TRAINING 19h15 30'	LES MILLS GRIT 19h15 30'	CROSS TRAINING 18h00 30'	LES MILLS GRIT 20h00 30'	
FERMETURE A 21 H					FERMETURE A 20 H



Samedi

9h - 13h

FERMETURE A 13 H

