

	Lundi		Mardi		Mercredi		Jeudi		Vendredi		Samedi	
	9h - 21h		9h - 14h / 17h - 21h		9h - 14h / 17h - 21h		9h - 14h / 17h - 21h		9h - 20h		9h - 13h	
09:00					CROSS TRAINING	30'						
09:30												
12:15											CROSS TRAINING	30'
12:30	CROSS TRAINING	30'	CROSS TRAINING	30'					CROSS TRAINING	30'		
13:00											LE STUDIO SPORT TOURS ★★★	
18:30					CROSS TRAINING	30'						
19:00	CROSS TRAINING	30'										
19:30			CROSS TRAINING	19H45	30'							
20:00												
20:30										FERMETURE A 20H00		FERMETURE A 13H00
21:00											FERMETURE DE LA SALLE	